

*Transformation*Services SAMPLE SCHEDULE

WEEK(S)	CONTENT AREA/GOALS	HOURS
1	Case Management	10

Student/Trainee will be able to revise and coordinate the case management aspects of a treatment plan. Special attention will be paid to co-occurring, medical and psychological disabilities including prioritization of client/patient plans. This will be practiced by student, and observed by supervisor at least three times weekly. Student/Trainee will be able to coordinate referral and discharge to community including assessments of support system (s). Regular participation in Case Conferences etc. will be a requirement.

2-4	Assessment	15
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Student/Trainee will be able to collect pertinent data about client/patient system incorporating knowledge of co-occurring medical/psychological disorders including information on Addiction, Psychopharmacology, Suicide/Depression, Mental Illness, Child Abuse and Domestic Violence. The Clinical Supervisor will be able to evaluate this knowledge, and student will be able to practice this skill three times weekly. Student will be able to gather sociological, biological, cultural, educational, environmental, spiritual, familial data into a DSM– IV– TR diagnosis and treatment plan.

5-7	Counseling	15
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Student/Trainee will know, describe and apply the fundamental basic counseling, and substance abuse techniques, and theories (e.g. Psychoanalytic, Behavioral, Developmental, Cognitive, 12 step etc.) Student/Trainee will be able to provide individual, couple, familial and group therapy. This will be practiced by student and observed at least three times weekly. Student will be able to handle crisis situations, relapse/prevention etc.

8	Education	15
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Student/Trainee will be able to disseminate information (ex. AODA, TB, HIV-AIDS etc.) information to clients/patients, family, couples and other support systems. This also includes disseminating information on psychopharmacology, biological effects of alcohol/drugs on the human body, and basic physiology. Student /trainee will be able to provide skill (Assertiveness, Communication, Stress-Anger Management, etc.) training to client/patient (s).

1-8	Professional Responsibility and Ethics	20
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Student/trainee provides an ongoing open ended discussion regarding: Client Welfare/Grievance/Confidentiality, Professional Boundaries & Responsibility, AODA Use, Remaining a Clean and Sober Counselor, Criminality, Criminal Behavior/Criminal Thinking, Staying Out of the System, Personal Relationships, Sociocultural Competence, and Power.

1-8	Elective	25
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Student/Trainee will be develop their own business plan/model that focuses on assessments, case management, counseling and education of a underrepresented population (e.g. Women, Latino, African-American, Native American, Ex-Offender, Gay etc.)

100 Course Hours