

Transformation Services Prevention Specialist/In Training Schedule

WEEK(S) CONTENT AREA/GOALS HOURS/CREDITS

1-8 Planning & Evaluation 10-50

Student/Trainee will be able to assess individual and community needs-especially as it relates to accepted Prevention models. Focus is on youth, education, and peer to peer models in systems. Special care is paid to developing prevention plan for disenfranchised, especially minority groups (African-American, Latino, Hmong, Native American). Attention to assessment and planning activities, appropriate evaluation and outcome models, are also included.

1-8 Education & Skill Development 10-50

Student/Trainee will be able to disseminate information (ex. AODA, TB, HIV-AIDS etc.) information to clients/patients, family, couples and other support systems. This also includes disseminating education on psychopharmacology, biological effects of alcohol/drugs on the human body, and basic physiology. Student /trainee will be able to provide skill (Assertiveness, Communication, Stress-Anger Management, etc.) training to client(s).

1-8 Community Organization & Counseling Methodology 10-50

Student/Trainee will know, describe and apply the fundamental basic counseling, and substance abuse techniques, and theories (e.g. Psychoanalytic, Behavioral, Developmental, Cognitive, 12 step etc.) Student/Trainee will be able to provide individual, couple, familial and group therapy. This will be practiced by student and incorporated into community need, referral, and resource plan. Student will also be able to handle crisis situations, and develop emergency prevention, relapse plans etc. Important here is engagement and collaboration with community leaders, offering technical assistance and support.

1-8 Public & Organizational Policy 10-50

Student/Trainee will be develop their own area of specialization that focuses on, change, laws and cultural competence public policy of underrepresented populations (e.g. Women, Latino, African-American, Native American, Ex-Offender, Gay, youth etc.), or a demonstrated area of interest and/or competence. Positive interface with the media, development of resources for identified groups is also highlighted. Planning public initiatives, and advocacy.

1-8 Ethics, Professional Growth & Responsibility 10-50

Student/trainee engages in an ongoing open ended discussion regarding topics such as: Client Welfare/Grievance/Confidentiality, Professional Boundaries & Responsibility, AODA Use, Remaining a Clean and Sober Counselor, Criminality, Criminal Behavior/Criminal Thinking, Staying Out of the System, Personal Relationships, Socio-cultural Competence, and Power. Establishing and adhering to ethical professional behavior.

50-250
Course Hours